

Use Your Life Force Energy To Create Your Life!

- 1. Write your #1 Goal on the opposite side of card.**
- 2. Sign and set your intention date.**
- 3. Place your card in a visible area.**
- 4. Read your goal out loud 3 times each morning.**
- 5. Read your goal out loud 3 times each night.**

AIM ENERGETIC BALANCING

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If Everything is Energy Then Anything is Possible!



My Energy Goal

I am grateful that: _____

Signed: _____ Date: _____

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