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## Heeding the call: Reiki Rescue Squad

BY RACHEL MIEJAN

**R**emember a few months back, when Tim, editor of *The Edge*, ended his column by encouraging us all to do our part in bringing our best healing intentions to others? When I read that I said to myself, "Yes, I can explain Reiki Rescue Squad, which I already do, and share it with others!"

It is time now to share Reiki Rescue Squad with you, and ask others to join me.

It all began a number of years ago, when my mother-in-law, Dixie, was in town to attend a holistic expo with us.

She and I were strolling the aisles, when, suddenly, we heard a scream. An older woman in a winter coat was standing near a home-made roulette wheel, bleeding a bit.

Upon pushing the wheel, her coat had gotten caught on a nail, and the nail had broken her skin. Right away, Dixie and I had thought about Reiki Rescue Squad, and we both went up to her, asking if she would like some healing energy. She

said yes, and we found a chair to be able to hold her hand and share Reiki with her. In a matter of a couple of minutes, her pain went away and we went our separate ways, wishing each other well.

This is a hands-on example, but absentee Reiki Rescue Squad is more prevalent. Similar to prayer circles, Reiki practitioners send healing energy to people and situations without being in the presence of the person in need.

I invite other Reiki II practitioners and Reiki Masters to join me in this service to our fellow humankind. I am creating a Facebook page [search under *Reiki Rescue Squad*] where folks can share a need for Reiki with those of us who do absentee healing.

Absentee Reiki sent by numerous healers to individuals will increase the balancing and healing powers of the energy, exponentially!

Let's pass along the goodness of Reiki to bring balance and well-being to humanity and the Earth! 🦋

**RACHEL MIEJAN** has been a Reiki channel since 1985. She has been teaching Reiki since 1996, and is available for Reiki I and II classes, for those interested. She also welcomes any apprentice applications. Contact her at Lonastar@comcast.net and 651.735.2863.

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## What is AIM and how does it work?

BY ROBERTA HLADEK

**T**he AIM Program of Energetic Balancing has been gaining momentum for over a decade. International best-selling authors including Dr. Wayne Dyer, Marci Shimoff, Michael Beckwith, James Ray and Kevin Trudeau have written about The AIM Program and the amazing self-healing results they have experienced in their own lives.

So what is The AIM Program that they are speaking about?

The AIM Program of Energetic Balancing is a spiritual holographic technology. It uses your photograph to help you heal yourself. Your photograph acts as an energetic stand-in for you. We could use a drop of your blood, a lock of your hair, a fingernail or anything unique to you, since they all hold your energetic pattern. We work with photographs because they are easy to identify and store in a computer database.

When the photograph is received, it is digitized and placed on The AIM Program trays. The thousands of frequencies stored in the computer are being sent to you through the trays of The AIM Program via your photograph 24 hours a day, 7 days a week, 365 days a year.

Each balancing frequency has its own vibration, just as each of us vibrates at our own rate. The frequencies are being sent to you via the trays of The AIM Program. We match up those vibrations we wish to balance. Once we balance the vibration of the frequency we wish to clear, that frequency leaves us.

The technology of The AIM Program is to compel your hologram (you) to scan every imbalance known to humankind (and many others that are not known) and then select them and their corresponding balancing frequencies. You will continue to select each and every balancing frequency you need until that selection is no longer necessary, because you have *healed yourself*, thus raising your Life Force and increasing your level of consciousness.

Specifically, whatever personal imbalances you may have, be they physical or emotional, acquired or hereditary, they may be healed by you. Whether you are wanting a better relationship, to have more confidence, attract more prosperity, have more energy, wellness or finding your life's purpose, you can attain this and more with The AIM Program. AIM is equally effective for adults, children, pets and even houses.

The process is spiritual and the program is spiritual, because all healing initially occurs in consciousness – and consciousness and spirituality are one and the same. This is not medicine, it is *healing*. Remember, only you can heal yourself. 🦋

**ROBERTA HLADEK** is the founder of EMC<sup>2</sup>, along with Stephen Lewis and Evan Slawson. Roberta has been working closely with Stephen Lewis since 1987, studying subtle energy and currently serves as the vice president of operations for EMC<sup>2</sup>. Neither EMC<sup>2</sup> nor AIM diagnose, treat, cure or prevent disease. The AIM Program is a TOOL that participants can use to self-heal. To learn more visit [aimprogram.com](http://aimprogram.com).

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