

# Self-Healing begins with your mindset

BY STAFF REPORTS

**E**ach year in America, more than \$300 billion is spent on prescription drugs. We are essentially a nation that looks to external forces to try to heal us internally. Yet, many people are beginning to turn to alternative methods of healing, which focus more on internal sources.

Self-healing, has always been part of mankind's knowledge, however, it is becoming both a more powerful and a more commonly used solution, one to which people with all sorts of ailments are turning.

"Many people are skeptical about self-healing, but once they open their mind up to seeing just how powerful it can be, they wish they had discovered it years ago," explains Roberta Hladek, co-founder of EMC<sup>2</sup> ([www.aimprogram.com](http://www.aimprogram.com)). "Self-healing is the most basic and natural form of therapy there is. We all have the power to heal ourselves; we just need to believe it and make it happen."

Successful self-healing begins with a person's mindset. What we think we can achieve, we can. Therefore, it is important to learn about that concept and apply it to your life. If you can imagine yourself being free from disease, and use the power of positive thinking to your advantage, you will be able to heal your body. The devil, of course, is in the details: "doing it." It is, by nature, a spiritual endeavor. But, Hladek points out that spirituality may be facilitated by technology. "It is," she says, "akin to God who helps those that help themselves."

One tool that can help increase your self-healing success rate is the AIM Program for Energetic Balancing program, created by EMC<sup>2</sup>. The program helps to remove any energy imbalances that a person may be experiencing — imbalances that could keep them from achieving the self-healing they seek.


The program focuses on aiming continuous energy vibrations at a person's photos, on 28 different levels. The photos act as a stand-in for the person and, as they receive the vibrations, they transmit that energy to the person in the picture, helping to remove any imbalances.

Some of those who use the program may suffer from medical conditions, while others simply need more control and direction in their life in general.

"It's a revolutionary spiritual technology that works for people every day, all year long," says Hladek. "It has helped many people be able to live the life they desire. Life is energy; if that energy is imbalanced, you will not be able to successfully reach your goals. That's what makes this program so powerful."


The AIM Program for Energetic Balancing is open to families, individuals and even pets. EMC<sup>2</sup> offers a scholarship program for those with autism and Down Syndrome, so they can take advantage of the tool for free. For those who know someone with autism or Down Syndrome that would like to enroll the person into the program, all they need to do is visit the AIM Program site to learn more about getting started.

EMC<sup>2</sup>, based in Las Vegas, is home to the Energetic Matrix Church of Consciousness. To learn more about EMC<sup>2</sup>, visit the website at [www.aimprogram.com](http://www.aimprogram.com). 🐦



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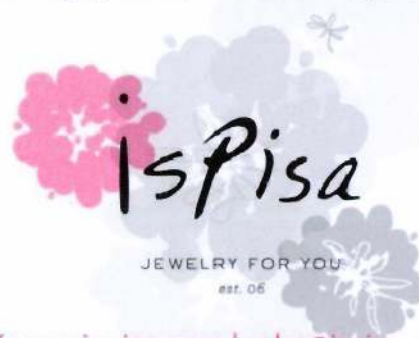
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